

José Montesinos Mezquita

He was born in Valencia in 1963. He studied Pharmacy at the Faculty of Pharmacy of the University of Valencia. Later, he completed his doctoral studies and his work as a DEA at the Cardenal Herrera University-CEU San Pablo de Moncada (Valencia)

His study became a book entitled "Characterization of medicinal species of *Plantago L.*" of the Spanish academic publisher.

He currently lives in Sagunto, province of Valencia, working in the Montesinos Mezquita CB Pharmacy in Alquerías del Niño Perdido in Castellón, of which he is co-owner.

He participates actively in a project of the NGO Fundación el Alto, managing pharmacies in African countries: Ethiopia, Uganda and Chad. There, he directs the part of the project about use and preparation of medicines from plants, and is the coordinator of the Ethiopian area within this foundation.

He also collaborated with the SEPLAN (National Plant and Fungal Certification Service) from which he analyses all possible ways to avoid the fraudulent use of medicinal species. Many of his studies have been presented at national and international congresses of Phytotherapy.